



## Conversation Ideas for Meeting with Your Mentor

As you know, an experienced NTU faculty member has been assigned as your mentor. We would like you to take charge and arrange for your first meeting with your mentor.

As a mentee, your primary goal is to get to know your mentor well and establish a professional relationship for advice and development.

Topical conversations to consider during your initial mentee-mentor meeting:

- Initiate a discussion about what you hope to accomplish from this mentee-mentor relationship: seeking advice and guidance, sharing ideas – all within an agreed-upon conditions of boundaries and confidences. Are there topics you will not or cannot discuss with each other? (Example: it would not be appropriate to have conversations with your mentor about your directly reporting officer?) Who will know about the content of your conversations? Are there conditions that would involve others in your discussions without prior agreement?
- Share your specific, measurable and realistic individual development goals for the year-long cohort program; seek your mentor's feedback
- Develop some thoughtful questions for the meeting:
  - What was your leadership career path/journey like – what were some of the leadership lessons you learned along the way?
  - What goals do you set for yourself?
  - What difficulties and uncertainties did you experience?
  - What resources did you find to be beneficial?
  - How do you manage your time and balance roles and responsibilities?
- Set your future calendar of meetings – agreed upon places/times and general agenda items